



PRINCETON COLLEGE OF PHARMACY

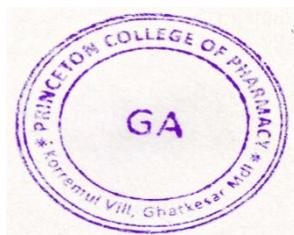
(Affiliated to JNTUH, Approved by PCI, New Delhi & Accredited by NAAC)
Chowdariguda(V), Korremula, Ghatkesar (M), Medchal- Malkajgiri (Dist.) - 500 088
E mail: princeton.pharmacy@gmail.com, Website: pcop.ac.in

4.1.1 Availability of adequate infrastructure and physical facilities viz., classrooms, laboratories, ICT facilities, cultural activities, gymnasium, yoga centre etc., in the institution.

Response: Yes the institution has adequate facilities for cultural activities, gymnasium, yoga centre, etc., in the institute.

Cultural Activities: Princeton College of Pharmacy has rich history in providing necessary facilities to enrich extracurricular activities of the students. The institute has an exclusive Cultural Club to support and facilitate student's cultural activities at various levels. The Institution has Convention Centre to facilitate cultural activities with a seating capacity of 1000.

Ganesh-Chathurthi Festival Celebrations –



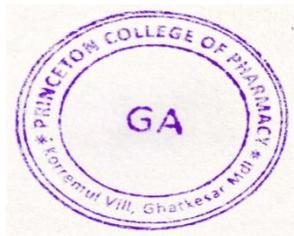

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Traditional day –

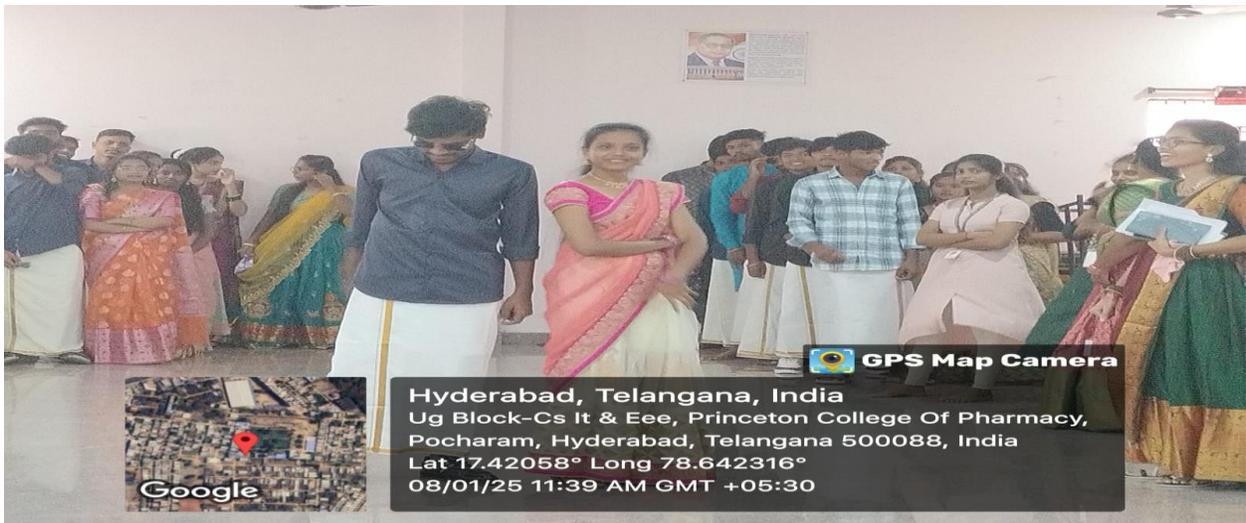



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Telangana Festival – Bathukamma




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Dance performances by our Students -




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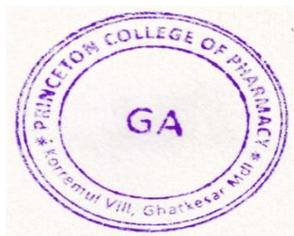
Independence Day Celebrations –



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B. Pharmacy Orientation Program on 2nd Dec-2024

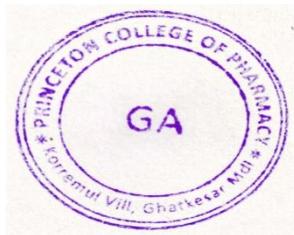



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Rally on World Pharmacist Day Organized by our College Students -



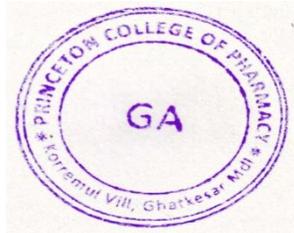

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Pharmacist Day




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Convocation ceremony -




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Convocation ceremony -




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Flash mob – organized by our pharmacy students –




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Sports Facilities

Play ground	1. Kabbadi
	2. Volleyball
	3. Basket Ball
	4. Throw ball
	5. Kho-Kho

Indoor Games	1. Shuttle badminton, Volleyball, Basketball
	2. Chess
	3. Carom
	4. Weight lifting
	5. Power lifting

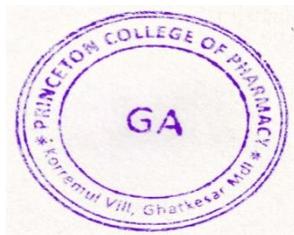


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PHOTO GALLERY

KHABADI



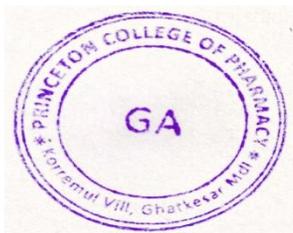
A handwritten signature in black ink, appearing to be "S. Jayaram", written over a horizontal line.

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KHO – KHO : Girls



KHO – KHO : Boys




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CARROMS



TABLE TENNIS





PRIZES WON BY STUDENTS IN VARIOUS SPORTS ACTIVITIES



SPORTS EVENTS-2024

3rd To 6th February 2024

Sports events like Volleyball, Badminton, Khabaddi, and Kho-Kho was organized from 3-02-2024 to 6-02-2024 in the College premises of Princeton College of Pharmacy. All students of UG from different classes have participated and won prizes. The prizes were distributed in the final day on 7/02/2024

Volley ball



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SPORTS AND GAMES CELL

The committee consists of one coordinator, one faculty member and one student from each year. **Sports**

and Games Committee 2023-24

Committee composition

1. The committee composed of faculties, students from all the departments.
2. One senior faculty chosen to be coordinator of the cell, Mr.Hariprasad
3. Physical director also included in the committee.



Co-ordinator

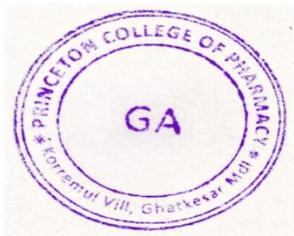


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COMMITTEE MEMBERS 2023-2024

NAME	DESIGNATION & DEPARTMENT	POSITION
Mr.Hariprasad	Assistant Professor	Coordinator
Mrs.Ch.Suitha	Assistant Professor	Faculty Member
Ms.Hema	Assistant Professor	Faculty Member
Mrs.Vaishnavi Chandan	Assistant Professor,	Faculty Member
Mrs.Devamani	Assistant Professor	Faculty Member
Mrs.Sunayna	Assistant Professor,	Faculty Member
Mr.Dr.L.Harikiran	Physical Director	Staff Member
Ms.Kausar	IV-YEAR	Student Member
Mr.Sathish	III-YEAR	Student Member
Mr.Vijaypaul	II - YEAR	Student Member
Mr.Basweshwar	II- YEAR	Student Member
Ms.Supriya	III-YEAR	Student Member




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Date: 23-02-2024

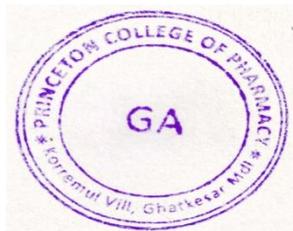
SPORTS AND GAMES CELL

FUNCTINS OF THE CELL

Sports & Games: Physical fitness plays an important role in developing the overall personality of a student since a physically balanced student is mentally balanced too. PCOP equally emphasizes the need to develop physical activities and encourages Sports and games making it an integral part of the curriculum various sports facility is provided to the students within the campus. Various sports competitions such as inter departmental, inter collegiate, etc help in developing team spirit among students. Their interpersonal relationship is enhanced a very healthy manner. Students are provided with honors like medals, trophies and certificates.

1. Prepare sports calendar and an action plan to implement the same, suggest methods which encourage students and faculty to utilize sports and games facilities available in the College.
2. Take up the responsibility of preparing the budget estimate, requirement of infrastructure and equipment, maintaining the equipment and play fields
3. Selection of teams to represent the college in inter-collegiate tournaments and also the intra-mural tournaments.
4. Prepare the details of attendance exemption to be given to the students representing college in various sports and games.
5. Increase the cordial relations between students and faculty by organizing exhibition games between the teams of students and faculty wherever possible.

H. Rao

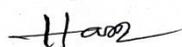



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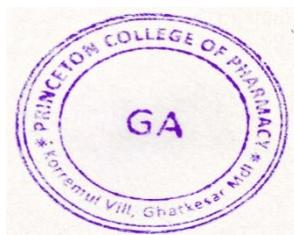
FACILITIES OF THE CELL

1. One room allocated for Sports & Games cell.
2. Indoor and Outdoor Games kits are available.
3. Sports events posters are attached at the prominent notice boards of the Institution.

S.No	Name of the facility	Quantity	Area in Sq. mts
1.	Sports Room	1	10 m x 6 m
Outdoor facilities			
2.	Cricket Ground	1	10266.5
3.	Basket Ball Court	1	464
4.	Badminton Court	2	74.35
5.	Volley Ball Court	2	162
6.	200m running Track	1	40m x 60m
7.	Football ground	1	8000
8.	Throw ball court	1	162
9.	Kabaddi court	1	130
Indoor Facilities			
10.	Chess	6 boards	--
11.	Caroms	7 boards	
12.	Table Tennis	2 tables	



Co-ordinator




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Availability of adequate infrastructure and physical facilities viz., classrooms, laboratories, ICT facilities, cultural activities, gymnasium, yoga centre etc. in the institution

Response: **Yes the institution has adequate facilities for cultural activities. gymnasium, yoga centre, etc. in the institute**

Gym

The Institute has well equipped gymnasium as follows:

S.No	Particular	Numbers	Area (sq mtrs)
1.	16 Station Gymnasium with weight Lifting Equipments(Men's and Women's)	1	99




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Faculty

- Physical Training Instructor – 1
- Fitness Instructor and Trainer – 1

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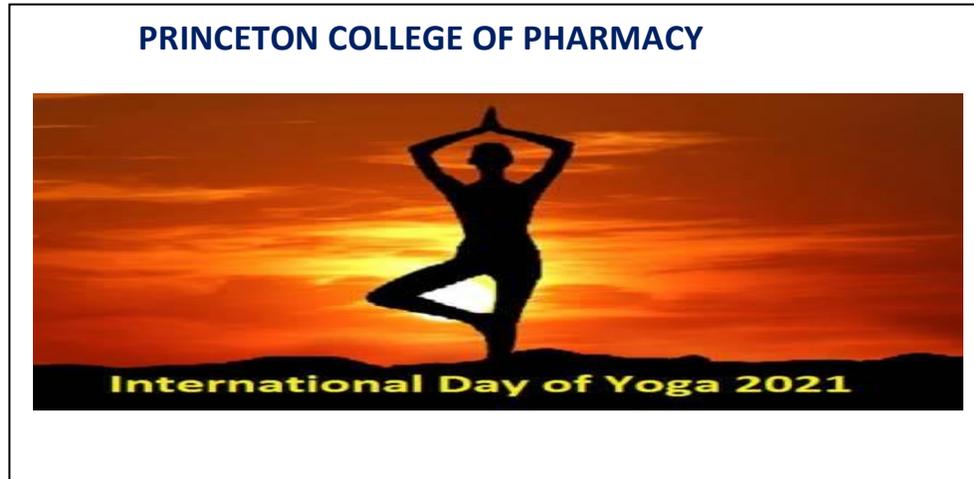
Response: Yes the institution has adequate facilities for cultural activities. gymnasium, yoga centre, etc. in the institute

Yoga:

Princeton College of Pharmacy has been running a Yoga and Meditation Centre in the college. The Yoga and Meditation Centre was started for both students and staff with a lot of objectives to understand the importance of

maintaining good health, both physically and mentally, to have peaceful living, practicing yoga removes unnecessary stress and improves concentration.

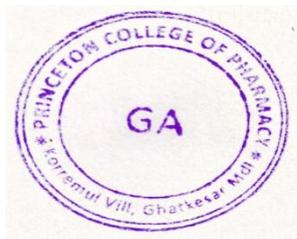
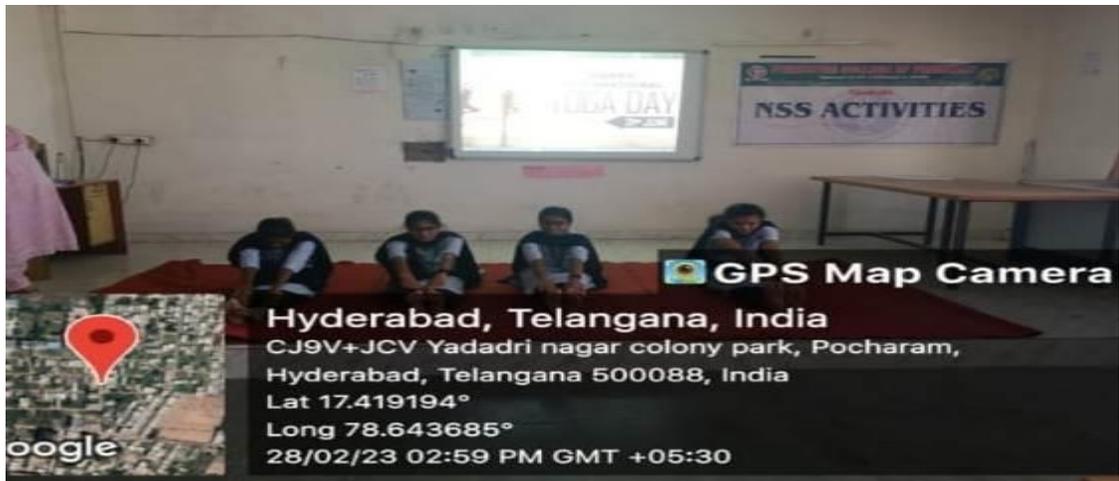
The Yoga and Meditation Centre conducts sessions on both theoretical and practical aspects of yoga and meditation and disseminates knowledge about the spiritual dimension to help students understand yoga, advice and guide for spiritual growth towards achieving their goal. Yoga experts say that doing 12 sets of Surya Namaskar translates into doing 288 powerful yoga poses in a span of 12 to 15 minutes.



On this special occasion of [Yoga day](#), Welcome address was given by Ms.Zareena Asst.Professor and Dr.K.Satyanarayana Physical Director, Principal, Princeton College of Pharmacy, Hyderabad. Yoga trainer , gave a brief note of yoga practices and started the Yoga Asanas with prayer. She has made all the participants to do warm up practices / loosening practices, standing yoga asanas, sitting yoga asanas and ended with Savasna. At the end, he has displayed few Yoga Asanas like Chakrasana, which was encouraging for all participants to do Yoga regularly. Finally, Yoga trainer was presented with a memento by the dignitary and concluded with National Anthem. At last, juice and Banana were distributed to all participants of this grand successful event.

Yoga Day Celebrations

On the occasion of the International Yoga Day, [Princeton College of Pharmacy](#) participated in various events held on Tuesday morning 21-06-2024 @8 A.M.



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Name of the Activity **INTERNATIONAL YOGA DAY**

Type of Activity Service

Date and Time of Activity 21/06/2024

Details of Participants All B.Pharmacy Students, Staff

Coordinator(s) **Ms.Hema**
Mr.Hariprasad

Organizing Dept./Support System NSS Department

In collaboration with NSS UNIT

Description: On 21st June 2024 **Princeton College of Pharmacy** had organized **INTERNATIONAL YOGA DAY**". The International yoga day was a majestic celebration at **Princeton College of Pharmacy** "INTERNATIONAL YOGA DAY" is for practicing yoga for physical and mental well-being.

The benefits of yoga were echoed through videos and live messages.




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INTERNATIONAL YOGA DAY

Name of the Activity

Type of Activity General Event

Date and Time of Activity 21-06- 2024 9.0 AM to 11:00 AM

Details of Participants All staff and Students

Coordinator(s) **Ms.Zareena**
Mr.B.Sandeep

Organizing Dept./Support System All HOD's and NSS Co-ordinators

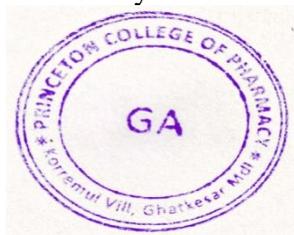
In collaboration with --

Description

This year's Yoga Day celebration was held with great enthusiasm at our Princeton College of Pharmacy. A large number of students, teaching and non-teaching staff attended the event this year.

This theme for this year's yoga day was "Yoga for the achievement of the Sustainable Development Goals ". Various asana were followed by omkar chanting. Warm-up exercises, sitting and standing asanas were performed. The trainers gave us a short class about the benefits of yoga.

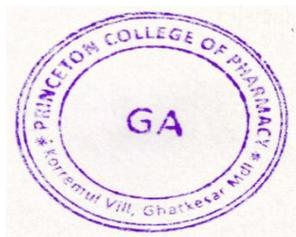
They help in improving concentration and in attaining inner peace. It helps a person improve life physically, mentally and spiritually as well. Yoga Day is usually celebrated every year on 21st June 2024.




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